



November 2018

			<p>1</p> <p>Muffin & Yogurt</p> <p>Sweet & Sour Chicken Steamed Broccoli Brown Rice</p>	<p>2</p> <p>NO SCHOOL</p>
<p>5</p> <p>Pancake Wrap</p> <p>Chicken Alfredo Steamed Broccoli Dinner Roll</p>	<p>6</p> <p>Egg & Cheese Tornado</p> <p>Turkey Dinner Mashed Potatoes Gravy Dinner Roll Cranberry Sauce</p>	<p>7</p> <p>Waffles</p> <p>French Toast Sticks Egg & Sausage Patty 100% Juice Tri Tater</p>	<p>8</p> <p>Sausage & Biscuit</p> <p>Spaghetti Garlic Bread Green Beans</p>	<p>9</p> <p>Cherry Frudel</p> <p>Hotdog Baked Beans Steamed Broccoli</p>
<p>12</p> <p>Chocolate Chip French Toast</p> <p>Chicken Patty Sandwich French Fries Steamed Peas</p>	<p>13</p> <p>Egg & Cheese Tornado</p> <p>Homemade Pizza Steamed Corn Slushies</p>	<p>14</p> <p>Breakfast Pizza</p> <p>Chicken Fried Steak Mashed Potatoes Gravy Dinner Roll</p>	<p>15</p> <p>Egg & Biscuit</p> <p>Tacos Long John Steamed Corn</p>	<p>16</p> <p>Long John</p> <p>BBQ Pork Sandwich OR Chicken Patty Baked Beans</p>
<p>19</p> <p>Mini Pancake</p> <p>Grilled Cheese Tomato Soup Tri Tater</p>	<p>20</p> <p>Pancake Wrap</p> <p>Hamburger Baked Beans Slushies</p>	<p>21</p> <p>NO SCHOOL</p>	<p>22</p>	<p>23</p> <p>NO SCHOOL</p>
<p>26</p> <p>Cinnamon Roll</p> <p>Sloppy Joe French Fries Slushies</p>	<p>27</p> <p>Uncrustable</p> <p>Tater Tot Casserole Green Beans Dinner Roll</p>	<p>28</p> <p>Breakfast Pizza</p> <p>Chicken Nuggets Mashed Potatoes Gravy Dinner Roll</p>	<p>29</p> <p>Egg & Cheese Tornado</p> <p>Sweet & Sour Chicken Steamed Broccoli Brown Rice</p>	<p>30</p> <p>Chocolate Chip French Toast</p> <p>Chili OR Chicken Noodle Soup Cinnamon Roll Saltines</p>

NOTES:

All grains are whole grain rich.

Fresh Fruit and vegetable bar offered daily with lunch.

A variety of fruit and juice is offered daily with breakfast.

A variety of low-fat and fat-free milk is offered daily with breakfast and lunch.

Menu is subject to change without notice.

All beef is donated and locally raised.

This institution is an equal opportunity provider.